

# **Eastside Village Voice**

#### March 2017

### **Seeking Volunteers for Member Support Group**

An important aspect of our Village is caring for each other. That can mean bringing food to those who are recuperating from an operation or illness, calling a member who is down or even celebrating big events in the lives of members. Eastside Village would like to form a team whose job it would be to reach out to members in need. This type of group is often called a "Sunshine Club". Task for this group may entail doing friendly calls and visits, sending cards, and organizing meal deliveries. Anyone interested in joining this effort should contact the office at 503-866-0571.

# Got a service need? Call the Eastside Village Office!

In January of this year, Eastside Village fulfilled 26 member services requests. 20



of these were requests for transportation. We hope our members will continue to contact us with requests for services. If you need someone to walk your dog, do a household task or give you a ride – call the office or submit your service request on line. And we can always use more

volunteers so if you or someone you know is interested in becoming a volunteer, contact the office or see our web site for a volunteer form.

#### **Arts Tax**

The Portland Arts Tax has been in place now since 2012. The tax has benefitted a great many school children and funded a variety of art projects. The \$35 tax is paid annually and is due at the same time as our state and federal taxes. The Portland Revenue Office reports that there are many citizens who fail to pay or who have ignored the tax. This has resulted in a great number of accounts with overdue fees and some which have been sent to a collection agency. To avoid unnecessary cost, Portland residents should either pay the fee or submit an exemption form each year if you believe you may be exempt. For more information on exemptions you can call Elders in Action at 503-235-5474 or go to the Portland Revenue Office web site: www.portlandoregon.gov/revenue/artstax.

### **Creating Home as You Age**

Most of us plan on staying in our own home as long as possible. When our health or social needs change, sometimes our home needs to change as well. This may include anything from installing grab bars in the shower to hiring care or looking at retirement communities. Join others for a facilitated discussion about what is important to you in your living situation and how to improve the chances that you'll live where and how you want as you age. Facilitated by Quince Affolter and Mary Ellen Hoeh on Friday, March 24, 12:30 - 2:00 pm at the Woodstock Library - 6008 SE 49th St. Limited to 12 participants - Must pre-register with Eastside Village to attend.

# **Eastside Group Volunteer Activity**

Responding to a suggestion from the member meeting that we create group volunteer opportunities, Shirley Carpenter has arranged for us to volunteer with Children's Book Bank on Monday, March 20 from 12:30 to 2:30. The Children's Book Bank is a non-profit that repairs and touches up children's books and donates them to local elementary schools, Little Free Libraries, and area social agencies - more than 82,000 in the 2015-16 school year! We will meet at their office: 1915 NE 7th Ave (on the max line or #6 bus). Reservation required, so save your spot on the Eastside Village events calendar, or call the office - 503-866-0571.



### Cooking Demonstration....and a movie!

Jon Feldhausen will host a cooking demonstration at 5:30pm on March 11 at his home. He will cook a Cajun shrimp boil and make a spicy cocktail sauce to go with it. This is a one-pot meal of fresh, boiled shrimp, corn on the cob, onions and red potatoes - to be served around 6:30 PM. A dessert (to be determined) will be included. The meal will be spicy and salty but contain no nuts and is gluten free.

Attendance will be limited to seven (7) Eastside Villagers members, plus Jon. Call the office to RSVP or sign up on the web site. Bring whatever beverages you'd like to drink and a healthy appetite. Attendees are welcome to park in Jon's driveway or on street.

Following the meal, Jon plans to watch his favorite movie involving New Orleans, "Love Song for Bobby Long" starring John Travolta and Scarlett Johansson. Any or all of the attendees are welcome to stay for the film if they like.

#### **Think Out Loud**

A big thank you to Ellen Howard for joining JoAnn Herrigel on OPB's Think Out Loud recently to talk about Eastside Village. We have had many wonderful comments and have received a few volunteer and member inquiries as a result of the show. Thanks Ellen!!!

#### RSVP RSVP RSVP RSVP RSVP RSVP RSVP RSVP



### **March Village Events**

(\*) Listings with asterisks are members only

March 3 and 17 at 9:30am - Coffee gathering at Tabor Space (5441 SE Belmont St)

March 8 at 9am - Breakfast at Toast (5222 SE 52nd Ave)

March 11 at 5:30 – Cooking Demo at Jon Feldhausen's home. Dinner at 6:30 and movie to follow for all that are interested.

March 18 at 10:30 am – Eastside Village Information Session at Woodstock Wine and Deli (4030 SE Woodstock)

(\*) March 20 from 9:00 to 10:30 am – Meditation and Mindfulness Group at Janice Roggencamp's home.

March 20 from 12:30 to 2:30 – Volunteer at Children's Book Bank at 1915 NE 7th Ave.

March 21 at 6:00 pm – Dinner at La Bamba 4908 SE Powell Blvd

(\*) March 22 at 7 pm – Knit Night at Mary Bedard's house

March 23 – 5 to 7pm – No Host Volunteer Happy Hour at the Woodstock Wine & Deli (4030 SE Woodstock)



March 28 at 9:30 am – Coffee with NE Village at Café Fleur de Lis (3930 NE Hancock)

Be sure to check the calendar on our website <u>www.eastsidevillage.org</u> for additional event listings that arise during the month!