

## **Eastside Village Voice**

#### May 2017

#### Author Presentation – May 6

1 to 3 pm at Valley Catholic Elementary (SW 148<sup>th</sup> Ave, Beaverton)



Local writer, Marcy Houle co-author of The Gift of Caring, will share stories from her award-winning book

and describe her personal journey of caring for her aging parents. She will also offer much needed knowledge and practical strategies to skillfully navigate what can be an overwhelming health care system.

Ms. Houle will also host a Q&A session where she will listen to concerns and respond to questions.

Signed copies of The Gift of Caring will be available for purchase at this event.



# AGE OUT LOUD: MAY 2017

Each May, the Administration for Community Living (ACL) leads our nation's celebration of Older Americans Month (OAM). ACL designed the 2017 OAM theme, **Age Out Loud**, to give aging a new voice—one that reflects what today's older adults have to say.

This theme shines a light on many important trends. More than ever before, older Americans are working longer, trying new things, and engaging in their communities. They're taking charge, striving for wellness, focusing on independence, and advocating for themselves and others.

For a listing of events taking place this month to celebrate Older Americans Month, visit: <u>http://eldersinaction.org</u>.



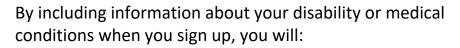
### **Eastside Volunteer Drivers Needed !**

The Village's number one service request is for rides to appointments. If you are interested in becoming a volunteer driver for Eastside Village – please contact the office and we will walk you through the certification process. We look forward to hearing from you!



### **PublicAlerts**

Older adults who live in Portland, Gresham or elsewhere in Multnomah County are welcome to sign up for Public Alerts in order to receive local emergency and safety notifications.



- Receive warnings when an emergency happens and direction on actions you can take.
- Provide your information to the 9-1-1 system.
- Share this information with public safety responders in case of a major disaster.
- Support local efforts to develop more inclusive emergency plans.
- Get occasional emails with emergency preparedness information.

To sign up, visit **publicalerts.org/signup** or call **503-988-3646**. Include your disability or medcal conditions under the "Additional Needs" section.

#### Eastside Membership Assistance Now Available

In April, the Eastside Village Governing Council approved a "Membership Assistance" policy. Eastside will offer a reduced membership rate for social and full service village memberships to those meeting income eligibility criteria. Please contact the office if you'd like more information about this policy.

#### Eastside Village Office Manager Selected

Eastside Village Governing Council recently advertised a job announcement for a part time Office Manager. We received applications from several highly qualified individuals which we narrowed down to three final candidates. After interviews with



Jin Darney

each of the finalists, the interview team recommended, and the Governing Council approved, the selection of Jin Darney for this position. Jin brings an



"intimate" knowledge of Eastside Village and its office operations to her new role. Please join us in congratulating Jin! May 27 Eastside All Member and Volunteer Meeting

Save the date for an Eastside Community meeting on May 27 from 1 to 3pm. We will meet at First Covenant Church, at 107 NE 45th Ave. The agenda will include

general village updates as well as a guest speaker. See you there!

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#### **May Village Events**

(\*) Listings with asterisks are members only

May 2 at 10am – Book group at Fran Daggett's (My Antonia, Willa Cather)

(\*) May 3 at 2:00pm – Women's Creative Writing Group at Annette White Park's home

May 5 and 19 at 9:30am - Coffee gathering at Tabor Space (5441 SE Belmont St)

May 6 at 1:00 pm –Marcy Houle at Valley Catholic Elementary (SW 148<sup>th</sup> Ave, Beaverton)

May 9 at 5:30 pm – Dim Sum Dinner at HK Café at Eastsport Shopping Center – (4410 SE 82nd Ave)

May 10 at 9am - Breakfast at Toast (5222 SE 52nd Ave)



(\*) May 15 from 9:00 to 10:30 am – Meditation and Mindfulness Group at Janice Roggencamp's home.

May 20 at 10:30 am – Eastside Village Information Session at Woodstock Wine and Deli (4030 SE Woodstock)

May 22 at 12:30 (SHARP!) – Volunteer at Children's Book Bank at 1915 NE 7th Ave, Portland

May 23 at 9:30 am – Coffee with NE Village at Café Fleur de Lis (3930 NE Hancock)

May 24 at 9:30 am Men's Coffee at the Woodstock New Seasons--upstairs in the small room

(\*) May 25 at 7 pm – Knit Night, call office for location

May 27 at 1:00 – Eastside Village All member/All Volunteer meeting at First Covenant Church (107 NE 45th Ave)

Be sure to check the calendar on our website <u>www.eastsidevillage.org</u> for additional event listings that arise during the month!